

EAST HUNSBURY PRIMARY SCHOOL

Newsletter

17th October 2025

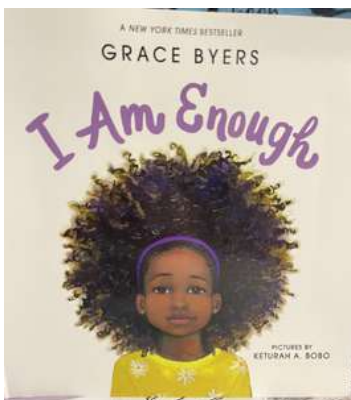
MESSAGE FROM THE HEADTEACHER

Dear Families

It seems hard to believe that we are fast approaching the end of the first half term of this academic year.

Whilst we have been celebrating RED October, we are also aware that it is Black History Month. This week, our assembly was led by Miss McIntyre and focused on the theme "Standing Firm in Power and Pride."

The assembly helped the children to understand what it means to feel proud of who they are and to use their voice to stand up for what is right. We talked about important people in History, including Martin Luther King and Rosa Parks and discussed that they fought for equality. We listened to the story called 'I Am Enough' by Grace Byers. This shed a light on being you is what makes you brilliant and how we all deserve to be treated with respect and kindness. Children are currently creating their 'Power Portraits.' This has involved them drawing a picture of themselves and writing a sentence about what makes them proud to be them!



Thank you! Northampton Education Awards

A huge thank you to everyone who nominated us for the Northamptonshire Education Awards. We are thrilled that we are finalists in so many categories! We love what we do – it is a privilege to be in Education so it really is lovely when that is recognised.

Watch this space and we will let you know how we get on at the end of November.



Walk in Wednesday

Thank you to those who came to school on Wednesday and shared a story or two. It is lovely to see so many families in school – we love opening our doors to you all but please be assured that if you are ever unable to make it, we always make sure your child has an adult or some friends to be with. No one is ever left out 😊. There are some lovely photos later on in this newsletter.

RED OCTOBER

Our Read Every Day October continues and today we were treated to the return of the Word Guerilla! What a spectacular day it was. It started with an assembly and then Years 4 and 5 had a special poetry workshop. The Word Guerilla always lights up the school and raises the roof with his creative poetry and genius performances. I could see the children being thoroughly inspired!

Girls' Football

Nine of our KS2 girls took part in a Football competition at Moulton College on Wednesday. They showed show confidence, competence and motivation during their games and their skills and competitive nature earned them 6th place out of 14 teams. Well done everyone.



The Story Spuds Have Landed

WOW! Today saw the arrival of our story spuds! I didn't think it was possible to go bigger and better than last year but you have all amazed me! Dotted around the school are potatoes dressed as story book characters and it is evident how much time and effort so many of you have put into them - thank you and well done.

We will do roundup of all the Spud news (photos and winners) in next week's newsletter.

School doesn't stop for the weekend....

Tomorrow it is our famous Spooktacular event for all those who have been lucky enough to get a ticket 😊 and also some of our Year 4 children and those from Green class will be taking part in the Diwali parade in Northampton Town Centre.

Governors

Lastly, today our Governors were in monitoring standards within the classroom and ensuring all of the things that we are doing to improve in school are having the impact we would like. Our Governors play a very important role in school and if you ever want to know more about their work – the Chair is Hanna Castle castleh@easthunsburyprimary.org

Have a super weekend and don't forget next Tuesday is individual and sibling photos so brush that hair and polish those teeth 😊.

Finally, I look forward to seeing you at our weekend events and see you next week for our final week of Autumn 1.

Ms Pennington

THE HIVE NEWS - RED CLASS



Red Class have been exploring The Lighthouse Keeper's Lunch by David and Ronda Armitage this term. We explored lighthouses and created our own scenes with descriptive phrases to describe what we heard and saw. We also explored the characters of Mr Grinling and the seagulls. We have begun innovating and have changed some characters including some Aliens, Monsters and even a Parish Councillor!



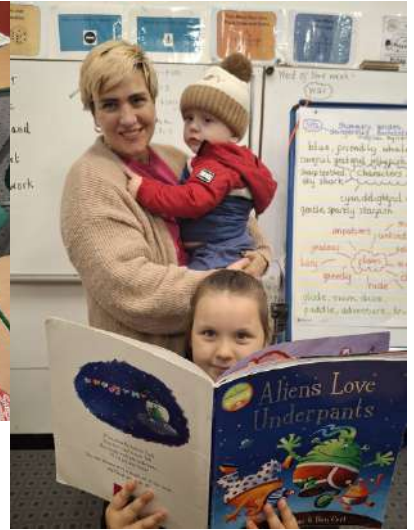
Another highlight this term has been science. We have explored the Human Body and different ways to stay healthy.

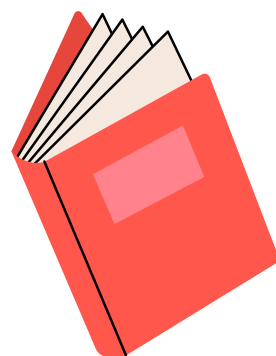


In History we have explored the 1970s, looking at some objects from the past and exploring how technology has changed, as well as trying some food from our story and learning more about food in the 1970s.



WALK IN WEDNESDAY







East Hunsbury Primary
School's

HALLOWEEN SCHOOL SHOP

STATIONARY,
HALLOWEEN PRODUCTS
AND MORE

Thursday 23rd
October

15:15 - 15:45

Outside the small
hall at the front
of the school

Run by the school Maths Ambassadors



Attendance News

Whole school average attendance this week was

96.92%

We are aiming to be at **96% +** every week.

	Weekly Attendance	Year Group	Weekly Attendance
Reception	95.91%	1	98.15%
2	99.53%	3	98.33%
4	96.19%	5	95.03%
6	98.03%		



How to report your child's absence

Call: 01604 677971

Email: absence@easthunsburyprimary.org

We cannot authorise holidays during term time so please do not book them.



WE NEED YOUR TOKENS!!!

YOU CAN VOTE UNTIL

31st December 2025

We're delighted that our application to the Tesco Community Grants Scheme has been successful! You will need to make a purchase of any value in a TESCO store and add the blue token to the Community Grant Scheme box in the Tesco store. You will receive one token per transaction and it's not necessary to purchase a carrier bag in order to receive a token. **The project with the highest number of blue token votes across our region will receive £1,500, the second placed project £1,000, and the third placed project £500.** We will be putting the money we are awarded towards the Changemakers quiet shaded area on the playground.

You can vote for EHPS in the following TESCO stores:

- Abington Express, 348 Wellingborough Rd NN1 4EX
- East Hunsbury Express, Butts Rd, NN4 OUE
- Northampton South, Clannell Rd, NN4 OJF
- Northampton 13-15 Abington St, NN1 2AN
- Northampton St Edmunds Express,
- Portland Pl, Wellingborough Rd, NN1 4DR





West
Northamptonshire
Council

Apply for a school place

Is your child's 4th
birthday on or before
31 August 2026?



It's time to apply for a reception place



Application Deadline:
midnight on 15 January 2026



westnorthants.gov.uk/school-admissions

Reception Places September 2026

For children who turn 5 from 1st September 2025 - 31st August 2026

- 10th September 2025 Online Applications open
- 15th January 2026 - Midnight Online Applications close
- 16th April 2026 National Offer Day

[Click here to book](#) a tour at East
Hunsbury Primary School.

Year 6 to Year 7 Transition

- 10th September 2025 Online Applications open
- 31st October 2025 - Midnight Online Applications close
- 2nd March 2026 National Offer Day

NO IDLING CAR ENGINES IN THE CAR PARK PLEASE

Always switch your engines off when in a parked car. Leaving your engine running when your vehicle is stationary is called idling. This creates air pollution by increasing the levels of exhaust fumes and harmful gases in the air. No one, especially children, should have to breathe in these fumes.



MUFTI DAY 24th OCTOBER

DRESS AS A BOOK CHARACTER
OR BOOK COVER



Who will you dress up as?

£2 donation for our
library and reading
curriculum payable
on Arbor in Clubs

EHPS HOUSE POINTS TOTALISER

	Whittlewood	Harlestone	Everdon	Salcey
This week	173	179	173	154
Grand total	1003	1047	932	796

**WE ARE A
SCHOOL**



**This includes chocolate spreads
which contain nuts and sushi
which has sesame seeds**

MINDFUL MEDITATION

Take a digital break. Go for a walk,
read a book, do some colouring.
Taking a digital break helps to
improve sleep and reduces stress
and anxiety.

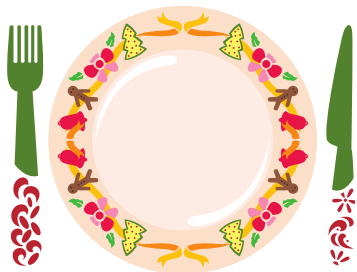
Top TIPS

on how to keep your child
healthy at school this winter

- Make sure your child is up to date with their vaccinations
- Remind your child of basic hygiene measures

**Click here to
find out
more**

BOOK NOW



Christmas
LUNCH

If your child would like school Christmas lunch, please order on School Grid by 9am on Wednesday 10th December.



Remember to nominate your child for a shout out if they have done something amazing – then we can put them into our newsletter.



CERTIFICATE



From Monday, we will be supporting the Royal British Legion Poppy Appeal. You can come to the school office before or after school with your child to purchase items or send money into school so your child can make a donation during the day.



Walk in Wednesday dates

17.12.25	Walk in Wednesday 2 - Christmas	08:30-9:00	Classroom
21.01.26	Walk in Wednesday 3 - Reading	08:30-9:00	Classroom
11.03.26	Walk in Wednesday 4 - Easter Crafts	08:30-9:00	Classroom
29.04.26	Walk in Wednesday 5 - Reading	08:30-9:00	Classroom
24.06.26	Walk in Wednesday 6 - Science	08:30-9:00	Classroom

Who works at East Hunsbury Primary School?

Meet the Team

Hello, I am Mrs. Debono I am a Teaching Assistant supporting the teachers and students. This year I am in Year 1 and love it. I also teach any other years when cover is needed. Previously I worked 1:1 on a specialized timetable and then in Reception I have worked in Year 2 and 5. The intervention I teach to all year groups is Number Stacks which is a fun way to improve your Maths skills and confidence with numbers.

My previous teaching experience was at Northampton College. I delivered Foundation learning in Maths & English and taught NVQ 1, 2 & 3 Beauty Therapy. I like to better my knowledge and have done courses in Autism and Children's mental health. I am a staff team and paediatric 1st Aider. I really enjoy being part of the EHPS family and find the team very supportive.

I backpacked around the world on my own in my twenties through South Asia then all over Australia , New Zealand North and South Coast, Figi and the West coast of America. My favourite place to scuba dive was Figi. I worked in Australia to help fund my travels.

I am a Mum to a teenage boy with additional needs with lots of hospital appointments which keeps me very busy and gives me the understanding to help others who need more support. He used to attend the Hive at this school. It was brilliant and he developed social and independent skills and his education levels improved.

My family moto is "Family First". I am the middle child of seven and love it when we can get together. For fun I like to dance and go to concerts. My favourite colour is pink and I like making people smile. We have a cat called Mushroom.

Who's been brilliant this week?

You Are Brilliant!

WB 13/10/25

Callie, Marston (Y4)
Jessica T (Purple)
Awesome listening and
work learning new Brass
instruments :)

Yellow class
for their amazing
talk for writing
stories!

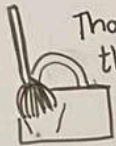
Thank you for
all the help
in the office

★ Linda ★

All the staff that
organised and went to
PGL and gave our children
the happiest of memories.

Mirky (Green Class)
for his fantastic
new story!

Well done
Purple Class
for making their
potato character
including making me
coffee & checking I'm
OK
X



Thank you to
the mopping
team!
Year 1

Thank you
Andrea -
our flag
fairy

Rec musical stars:-
Estelle, Oscar and
Everly G

Ava in RAM
class for being
such a lovely,
caring and kind
friend.

Mrs. Hearn

Everyone who
helped and supported
the One Tree Project

Darcy (Y1)
for being kind
to others.

Well done
to the YR5/6 girls
who came 6th out
of 14 at the Northampton
football tournament!
Mrs Wardell

Kindness : 'out outs!

Isabelle (2)
Poppy (2)
Olivia-Grace (5)
Dylan (R)
Freya (2)
Joseph (R)
Kian (4)
Lottie (1)
Hana (5)
Lucy (1)

Be Kind. Work Hard. Believe.



Mufti Days

24.10.25	RED October - dress as a book character/book cover	£2 for our library and reading curriculum
28.11.25	Donations for Christmas Hampers	
18.12.25	Christmas Jumpers/Party Day	No charge
13.03.26	Donations for Chocolate Hampers	
20.03.26	Wear odd socks for World Down Syndrome Day	No charge
27.03.26	Autism Awareness Day - Wear Bright Colours	No charge
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	No charge
16.07.26	Mufti for winning House (winning House announced on 13 th July)	No charge

OUR FUTURE LEADERS

A digital leader at EHPS will support in auditing equipment, learning computer-based systems and supporting teachers in using them. They will also be helping other children to be safe when using the equipment through awareness campaigns in the forms of posters, assemblies etc.

Yr 5

Amarrio
Lyla
Maizey
Krishan

Yr 6

Thea
Dylan
Matteo
Elijah

Yr 6

Oliver Z
Andreas
Noah G





E-Safety & Wellbeing



What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes are sometimes based on false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate. Young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As internet speeds have increased, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to test the joke, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or spread harmful stereotypes. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is dehumanising, harmful, or deserving to be remembered.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared online, they can be re-shared later and be misinterpreted, even if intended as harmless. Once online, memes may be copied, saved, or passed beyond a young person's control - digital actions and memes stay into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world - discuss when they find funny about the internet, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to think carefully before when memes claim to present truth.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting other priorities around screen time at home can help to reinforce healthy boundaries and reduce the risk of excessive use. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Discourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate diversity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

what are the risks?

- 1 spreading misinformation
- 2 Exposure to inappropriate content
- 3 Masked messages
- 4 Permanent digital footprint

[Click here for more information](#)

Advice for parents

- 1 Read the room
- 2 Shape digital boundaries
- 3 Don't wait, reach out early
- 4 Set the standard

[Click here for more information](#)

What Parents & Educators Need to Know about TECHNOLOGY ATTACHMENT

WHAT ARE THE RISKS?

In today's digital age, children are increasingly forming emotional and habitual attachments to their devices. With 90% regularly accessing the internet and nearly half engaging in the sharing or social sharing, their online presence is greater than ever. This guide explores the phenomenon of technology attachment in young people and offers expert advice on fostering healthier digital habits.

WIRED FOR REWARD

Children's brains are particularly sensitive to dopamine, especially those with neurodivergent brains. The instant gratification of likes, comments, and sharing their interests highly activates the brain's reward system, creating a cycle of seeking more. This can lead to compulsive checking and a reduced tolerance for boredom, which can impact sleep, eating, and social interactions.

NIGHT-TIME TECH HABITS

Screens use blue light to stimulate the brain, which can interfere with the production of melatonin, the hormone that regulates sleep. Children engaging with screens late at night can experience disrupted sleep patterns, leading to fatigue and decreased attention during the day. (Drowsy) an active inspection can cause anxiety and stress, leading to an inability to fall asleep and a cycle of late-night engagement and time wasting.

SHAPED BY SCREENS

For many children, digital spaces have become a primary source of social interaction and entertainment. Early exposure to screens can lead to a reliance on digital feedback for self-worth. This can manifest as a need for validation, a fear of missing out, and a tendency to compare themselves to others online. This can lead to a distorted sense of self and a reliance on digital feedback for self-worth.

DIGITAL WORLD DANGERS

The internet can expose children to cyberbullying, sexual or violent content, and other risks. Children may be tricked into revealing personal information, such as their location, or be pressured into sharing inappropriate photos or videos. As the digital world grows, these dangers become more prevalent, and children need to be taught how to protect themselves.

DIGITAL DEPENDENCY BUILDS

Devices often become digital comfort blankets, and children may find it hard to resist the urge to check their phones. This dependency can lead to a loss of ability to develop healthy coping mechanisms, such as problem-solving, conversation, or physical activity. As the digital world grows, these dangers become more prevalent, and children need to be taught how to protect themselves.

FRIENDSHIPS & FILTERS

Technology facilitates how young people connect, often replacing face-to-face interactions. While messaging apps and social media can help children stay connected, they can also lead to a sense of isolation and a lack of support. Children may feel that their online friends are not real, and this can lead to a sense of loneliness and a lack of support.

Advice for Parents & Educators

READ THE ROOM

Pay attention to behavioural changes that may signal unhealthy tech attachment. This includes mood swings, social withdrawal, and a loss of interest in offline activities. If you notice these signs, talk to your child about their online life and encourage them to take breaks from screens. Early recognition allows for proactive support and meaningful conversations.

DON'T WAIT, REACH OUT EARLY

If a child's relationship with technology starts affecting their emotional wellbeing, social connections, or academic performance, don't wait to reach out. Talk to your child about their online life and encourage them to take breaks from screens. Early recognition allows for proactive support and meaningful conversations.

SHAPE DIGITAL BOUNDARIES

Create a balanced digital involvement with clear guidelines on when and how technology can be used. Establish rules around screen time, such as no screens in bedrooms, no screens during meals, and no screens after a certain time. Encourage children to take breaks from screens and engage in offline activities. This helps children to develop healthy boundaries and a balanced relationship with technology.

SET THE STANDARD

Children often model the behaviour they see. When adults demonstrate healthy digital habits, such as taking breaks from screens and engaging in offline activities, children are more likely to do the same. Encourage children to take breaks from screens and engage in offline activities. This helps children to develop healthy boundaries and a balanced relationship with technology.

[VISIT OUR WEBSITE FOR MORE ONLINE SAFETY INFORMATION](#)

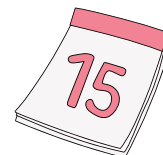
BE KIND

WORK HARD

BELIEVE

#weareEastHunsburyPrimarySchool #wearebrilliant

ANNUAL DATES



Below you will find all of the dates we know so far for the whole of the academic year. We hope that these will support you in your family forward planning. As we are releasing these dates so far in advance, they may change but if they do we will colour any additions or amendments in red so that you can see them and communicate changes in advance. We do hope that you find this useful.

Date	Activity	Time
OCTOBER		
18.10.25	Spooktacular	12.30pm - 3.00pm
18.10.25	Diwali Parade Northampton Town Centre	5.15 - 7.30pm
21.10.25	Individual and Sibling Photographs	All day
24.10.25	Mufti Day for RED October - dress as a book character/cover £2 for our library and reading curriculum	All day
27 - 31.10.25	HALF TERM HOLIDAY	
NOVEMBER		
03.11.25	TRAINING DAY	All Day
06.11.25	Remembrance Event	10.45 - 11.15
07.11.25	Yr 4 Rainforest Explorer Day	All day
w/c 10.11.25	Antibullying week	
11.11.25	Reception Phonics Information Meeting	9.00am - 11.00am
12.11.25	Positive Noticing Day	All day
12 & 13.11.25	Parents' Evening (Mainstream including Nest)	3.50pm - 6.30pm
12.11.25	The Hive Parents' Evening	3.50pm - 7.00pm

12.11 - 19.11.25	Bookfair	After school
21.11.25	Yr 1 Trip	9.00 - 2.30pm
27.11.25	Yr 4 Ukuele Performance	2.45pm - 3.30pm
28.11.25	Mufti - Christmas Hamper Donations	All day
29.11.25	Choir Singing at Hunsbury Festive Fair at Hunsbury Library	2.00pm - 3.00pm
DECEMBER		
02.12.25	Reception & Blue Trip	All day
05.12.25	Yr 2 & Green Class trip	12.30 - 2.00pm
06.12.25	Christmas Fete	11.00am - 1.00pm
08.12.25	Year 2 & Green Class Assembly	2.30pm - 3.30pm
09.12.25	Reception Nativity	10.00am - 11.00am
09.12.25	Year 5, Red & Yellow Class Trip	All day
10.12.25	Reception Nativity	2.00pm - 3.00pm
11.12.25	iRock Concert	2.45 - 3.15pm
16.12.25	Year 1 Carols by Twinklelight	5.15pm - 6.15pm
17.12.25	Walk In Wednesday Christmas	8.30am - 9.00am
17.12.25	Year 6 & Yellow Christmas Carols & Crafts	2.00 - 3.15pm
17.12.25	End of term reports to families	
18.12.25	Christmas Party Day (Christmas Jumpers and Lunch)	All Day
19.12.25	END OF TERM	
22.12.25 - 2.01.26	CHRISTMAS HOLIDAY	

JANUARY

05.01.26	TRAINING DAY	
15.01.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
15.01.26	Yr 6 SATs Information meeting	4.30pm - 5.30pm
20.01.26	Yr 4 Multiplication Check information meeting	3.40pm - 4.40pm
21.01.26	Walk In Wednesday Maths	8.30am - 9.00am
27.01.26	Choir to Young Voices	
30.01.26	Kindness Workshop - 52 Lives	Morning

FEBRUARY

09.02.26	Year 3 & Purple Class Assembly	2.30 - 3.30pm
09.02 - 15.02.26	Childrens' Mental Health Week	
10 & 12.02.26	Year 6 Parents' Evening	3.50pm - 6.30pm
10.02.26	Year 1 Phonics Test Information Meeting	3.30 - 4.30pm
16.02 - 20.02.26	HALF TERM	

MARCH

4 & 5.03.26	Mainstream Parents' Evening (not Yr 6)	3.50pm - 6.30pm
04.03.26	The Hive & Nest Parents' Evening	3.50pm - 6.50pm
04.03 - 11.03.26	Bookfair	After school
11.03.26	Walk In Wednesday Easter Crafts	8.30am - 9.00am

13.03.26	Mufti Day in exchange for Chocolate	
16.03 - 22.03.26	Neurodiversity Week	
19.03.26	iRock Concert	2.45 - 3.15pm
20.03.26	Odd Socks Day for World Downs Syndrome Day	
21.03.26	Easter Cafe	11.00 - 1.00pm
23.03.26	Year 1 Class Assembly	2.30 - 3.20pm
23 or 24.03.26	Yr 5 Shakespeare Production	
24.03.26	Yr 6 & Yellow Faith Tour	All day
25.03.26	Reports go out to families	
26.03.26	The Hive Show	9.30 - 10.30am
27.03.26	Autism Awareness Day - Wear Bright Colours (No Charge)	All Day
30.03 - 10.04.26	EASTER HOLIDAY	
APRIL		
22.04.26	Earth Day	All Day
29.04.26	Walk in Wednesday Reading	8.30 - 9.00am

MAY

11 - 14.05.26	Yr 6 SATS	Mornings
18.05.26	Year 5 and Yellow Class Assembly	2.30pm - 3.30pm
21.05.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	
25 - 29.05.26	HALF TERM	

JUNE

01 - 12.06.26	Yr 4 Multiplication Check	
04.06.26	Reception Sports Day	9.30 - 11.00am
08 - 12.06.26	Yr 1 Phonics Check	
10.06.26	SU Sports Morning	9.30 - 11.30am
13.06.26	Northampton Carnival	
16 or 17.06.26	Yr 5 NMPAT Festival	
18.06.26	Year 6 Sports Day	1.30pm - 3.00pm
19.06.26	Class Photos	All Day

22.06.26	Reception & Yr 6 Height & Weight checks	Morning
22.06.26	Sports Day Year 1	9.30 - 11am
22.06.26	Sports Day Year 2	1.30 - 3pm
24.06.26	Walk In Wednesday Science	8.30am - 9.00am
25.06.26	Sports Day Year 3	9.30 - 11.00am
25.06.26	Sports Day Year 4	1.30 - 3.00pm
26.06.26	Careers Fair	TBC
27.06.26	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Yellow)	11.00 - 1.30pm
29.06 - 02.07.26	Yr 5 Bikeability	
JULY		
29.06 - 02.07.26	Yr 3 Residential Trip	(2 nights per class)
02.07.26	Yr 4 & Orange Class Assembly	2.30 - 3.30pm
03.07.26	Music Gala	5.30pm - 7.30pm
06.07.26	Reception & Blue Class Assembly	2.30 - 3.30pm
09.07.26	Yr 5 Sports Day	1.30 - 3.00pm

09.07.26	iRock Concert	2.45 - 3.15pm
14.07.26	Yr 6 Leavers' Performance	6.00pm - 7.30pm
15.07.26	The Hive Yr 6 Leavers' Assembly	9.30am-10.30am
15.07.26	Yr 6 Leavers' Performance for toddlers to attend	5.00pm - 6.30pm
15.07.26	End of year reports go to families	
16.07.26	Mufti for winning House	
16.07.26	Year 6 Leavers' Party	7.00pm - 9.00pm
17.07.26	Mainstream Yr 6 Leavers' Assembly	10.00 - 11.00am
17.07.26	END OF TERM	

Optimistic October 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



6 Remind yourself that things can change for the better

7 Look for the good in people around you today

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face



27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

Join us for
Breakfast Club
 this Half Term

**Monday to Thursday
 9am-10am**

**Parish Council Activity Room
 Hunsbury Library**

27th - 30th October

FREE breakfast for everyone
 (children to be accompanied)

Join us for a selection of breakfast items,
 including cereal, pastries, and fruit

Don't miss out! Start your autumn mornings right
 at the Family Breakfast Club. See you there!



Funded by
 East Hunsbury Parish Council
 with generous donations from
 Tesco Mereway



**St Benedict's Church
 NORTHAMPTON**

**CHRISTMAS TREE
 FESTIVAL**

**WHY NOT ENTER
 OUR BEST DRESSED
 CHRISTMAS TREE COMPETITION**

THEY CAN
 BE REAL,
 ARTIFICIAL
 OR
 HOMEMADE

ENTER AS
 A FAMILY,
 SCHOOL,
 GROUP OR
 BUSINESS

SAT 6TH DEC 10AM-6PM

For more details and to enter contact:
admin@stbens.uk

Trees to be in St Benedict's Church by Friday 5th Dec

YOUR YOUTH CLUB IS CHANGING!
 ART & CRAFTS • SPORTS • FREE TIME

**Danes Camp
 Leisure Centre**

FREE YOUTH CLUB*

**Every Tuesday
 7-13 years, 5.30pm-7pm**
 Flexible drop-in session -
 drop in at any time
 and stay for as long
 as you like!

**TRILOGY
 ACTIVE**

Funded by:
 East Hunsbury
 Parish Council

Danes Camp Leisure Centre, Clannell Road, NN4 0RX

WWW.TRILOGYACTIVE.CO.UK
OR CALL US ON: 03330 439 900

*Please note these sessions
 are only available for
 children and young people
 residing within the East
 Hunsbury Parish. You will be
 asked to supply an eligible
 postcode to attend.



GIRLS ONLY OCTOBER HALF TERM CAMPS

1-Day Camp (U7-U16) @ cinch Stadium at
 Franklin's Gardens
 Monday 27th October

1-Day Camp (U7-U16) @ Ampthill RFC
 Tuesday 28th October

1-Day Camp (U9-U16) @ Northampton Casuals
 RFC
 Wednesday 29th October

CONTACT COMMUNITY@NORTHAMPTONSAINTS.CO.UK OR VISIT
WWW.NORTHAMPTONSAINTS.CO.UK/COMMUNITY/CAMP-BOOKING