

EAST HUNSBURY PRIMARY SCHOOL

Newsletter

10th October 2025

MESSAGE FROM THE HEADTEACHER

Dear Families

It's week 6 here. The time is flying by. The air feels cooler and it's darker in the mornings. Our Reception children have settled in amazingly – we are really very proud of them.

RED October

Red October is officially in full swing and it is wonderful to hear children reading every day and the teachers sharing so many stories and recommendations.

The Great Page Race challenge

All children have been introduced to the Great Page Race challenge – this is where every page they read helps their class 'race ahead' – the aim is to read enough pages to race the furthest ahead. At the end of October, the class with the most pages read (without cheating) will be crowned the Great Page Race Champions of 2025! Please encourage your child to read lots at home!



Mufti

Don't forget our mufti dress up day on 24th October (£2 payable on Arbor in Clubs – and all monies raised will go to our library!)

Author visit

And, it's not long until we welcome Sophie Henn author of *Bad Nana*, *I Hate Everything* and the *Pizazz* series to our school. If your child enjoys graphic novels Sophie Henn is amazing! You have until 13th October to buy one of her books for her to sign (they make a great Christmas present). You can make a payment on Arbor in Clubs.

Story Spuds

Will you be decorating a Story Spud (potatoes designed as a story book character)? If you do, please bring them in on 17th October! Last year there were some genius creations! Prizes and house points up for grabs!

Assembly – Hello Yellow

Monday's assembly was led by our Mental Health lead Mrs Roberts who talked all about [Young Minds](#).

Young Minds is a charity supporting the mental health of our young people. As it says on their website: *Right now, the world can be a tough place for children and young people to grow up in – and they are feeling the pressure. We want young people to know that they don't have to go through this alone. Things can get better.*

That is why everyone is wearing yellow today. Whilst there was no expectation to donate, if you would like to – you can do so by clicking [here](#).

Year 3 Harvest Assembly

We also had another wonderful assembly, this time led by our Year 3 children and Purple class which was all about Harvest. We were treated to songs (I particularly loved the Dingle Dangle Scarecrow), poems and smiles. Well done everyone who performed – and thank you to those who donated to our Harvest collection.



Future Leaders

Over the next few weeks, I am excited to share with you who our Future leaders are. Since the start of term, children have been completing application forms, performing speeches and taking part in election processes to decide our leaders who will support in different areas across the school. This week, I am excited to share with you our House Captains. Their role is to support the House Events and be role models for our school.

Salcey

Ollie S
Olivia C
Wyatt M

Everdon

Sophie L-A
Matteo A
Harley I

Whittlewood

Lexie S-F
Clara J
Kaidan S

Harlestone

Polly L
Noah Y
Isaac C

Finally, this week our Year 6s jetted off on their residential! Next week I will share with you the adventures that they got up to! Don't forget next Wednesday is our first WALK IN WEDNESDAY of the term and no surprises here but it will be READING focussed.

Happy Weekend Everyone

Ms Pennington

September Issue



This newsletter focuses on all the amazing events, clubs and groups that families, children and young people can access across the county that are free or affordable to attend.

[CLICK HERE FOR WEST NORTHAMPTONSHIRE'S NEWSLETTER](#)

THE HIVE NEWS - ORANGE CLASS

Orange class have had a brilliant start to the new school year. We have had lots of opportunity to work with our friends in Year 4. We started the year with an art focus learning about the life and work of Salvador Dali.



In PE we have rugby with Jamie from The Saints.



Orange Class had some moustache fun together and then joined year 4 to create some 'surrealist' portraits and sculptures. This term we have the opportunity to play the Ukulele. We are learning some great songs as we try hard to play the different notes and chords.

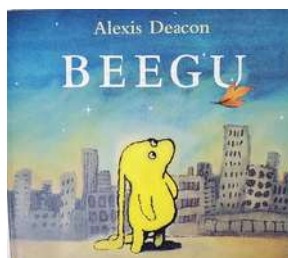


Our class text is "Where the Wild Things Are" so we have had lots of fun having a 'rumpus', making crowns, creating our own 'Wild Things' and thinking about character..



THE HIVE NEWS - YELLOW CLASS

This term we have absolutely loved getting to know the character Beegu the Alien. Some puppies looked after Beegu in the story so we created some friends who could also look after her. We have worked hard in Talk for Writing to text map and learn the story and now cannot wait to start innovating and creating our own story.



In art, we have focused on using different colours, shades and tones. We have used pencils at different pressures to create light and dark colours. We then create gorgeous contrast day and night pictures!



We have also loved going off site at forest school with Year 6.



Attendance News

Whole school average attendance this week was

97.09%

We are aiming to be at **96% +** every week.

	Weekly Attendance	Year Group	Weekly Attendance
Reception	93.71%	1	97.22%
2	98.43%	3	98.33%
4	96.89%	5	96.05%
6	99.23%		



How to report your child's absence

Call: 01604 677971

Email: absence@easthunsburyprimary.org

We cannot authorise holidays during term time so please do not book them.



WE NEED YOUR TOKENS!!!

YOU CAN VOTE UNTIL

31st December 2025

We're delighted that our application to the Tesco Community Grants Scheme has been successful! You will need to make a purchase of any value in a TESCO store and add the blue token to the Community Grant Scheme box in the Tesco store. You will receive one token per transaction and it's not necessary to purchase a carrier bag in order to receive a token. **The project with the highest number of blue token votes across our region will receive £1,500, the second placed project £1,000, and the third placed project £500.** We will be putting the money we are awarded towards the Changemakers quiet shaded area on the playground.

You can vote for EHPS in the following TESCO stores:

- Abington Express, 348 Wellingborough Rd NN1 4EX
- East Hunsbury Express, Butts Rd, NN4 OUE
- Northampton South, Clannell Rd, NN4 OJF
- Northampton 13-15 Abington St, NN1 2AN
- Northampton St Edmunds Express,
- Portland Pl, Wellingborough Rd, NN1 4DR



Just One Tree Day is coming to EHPS!

Our children will be raising money to help plant trees as part of vital reforestation projects around the world. Every donation makes a difference – together, we're helping to restore forests and protect our planet's future.

To celebrate our involvement in this project, the children will be creating a very special EHPS tree display to showcase all those who donate and help to plant trees across the globe.

Watch this space for more information on how your child can take part. We cannot wait to see our EHPS tree grow!

Click [the link](#) to find out more.



The poster is divided into three vertical sections. The left section has a dark green background with a forest image and text: 'Our school will be taking part in **JUST ONE Tree**', 'Each child is encouraged to bring in £1 to plant a tree – uniting children, parents and schools across the world in taking positive action for our climate.', and 'Together let's plant a future for our children.' at the bottom with a small logo. The middle section has a teal background with a world map showing red location pins and text: 'JUST ONE Tree is an award winning non-profit removing CO2 from the atmosphere and reversing biodiversity loss through global reforestation.', 'JUST £1 plants 1 Tree', 'JUST ONE Tree supports reforestation projects in Brazil, Madagascar, Haiti, Indonesia, Mozambique, Nepal, Kenya, Zambia, Mexico, Argentina, Chile, Bolivia, Ecuador and Peru.', and the website 'www.justonetree.life'. The right section has a dark green background with a forest image and text: 'And in the process helps to provide training, agricultural education and stable, fair incomes...', a grid of six photos showing people planting trees, and '...reducing extreme poverty within local communities.' at the bottom with the 'JUST ONE TREE' logo.

Who works at East Hunsbury Primary School?

Meet the Team

Hello! My name is Mr Cook and I have worked in a few different roles in a primary school for 4 years now. At my last school I was involved in PE and often went swimming with the year groups to teach them how to swim, as I love to swim and used to swim competitively. This is my first year at EHPS and I am excited to take on the role of sports coach to help the children find their enjoyment of PE.

I am excited to be running after school clubs throughout the year. We started off this half term with tag rugby and multi skills clubs but have plans for new and different clubs throughout the year.

In my spare time I enjoy keeping my physical fitness up. I enjoy heading to the gym to keep fit as well as meeting with my friends to play sports such as basketball, football, and cricket. My favourite football team is Manchester United, and my favourite rugby team is the Northampton Saints who I go to watch as often as possible.





West
Northamptonshire
Council

Apply for a school place

Is your child's 4th
birthday on or before
31 August 2026?



It's time to apply for a reception place



Application Deadline:
midnight on 15 January 2026



westnorthants.gov.uk/school-admissions

Reception Places September 2026

For children who turn 5 from 1st September 2025 - 31st August 2026

- 10th September 2025 Online Applications open
- 15th January 2026 - Midnight Online Applications close
- 16th April 2026 National Offer Day

[Click here to book](#) a tour at East
Hunsbury Primary School.

Year 6 to Year 7 Transition

- 10th September 2025 Online Applications open
- 31st October 2025 - Midnight Online Applications close
- 2nd March 2026 National Offer Day

NO IDLING CAR ENGINES IN THE CAR PARK PLEASE

Always switch your engines off when in a parked car. Leaving your engine running when your vehicle is stationary is called idling. This creates air pollution by increasing the levels of exhaust fumes and harmful gases in the air. No one, especially children, should have to breathe in these fumes.



Remember to nominate your child for a shout out if they have done something amazing – then we can put them into our newsletter.



MUFTI DAY 24th OCTOBER

DRESS AS A BOOK CHARACTER
OR BOOK COVER



Who will you dress up as?

£2 donation for our
library and reading
curriculum payable
on Arbor in Clubs

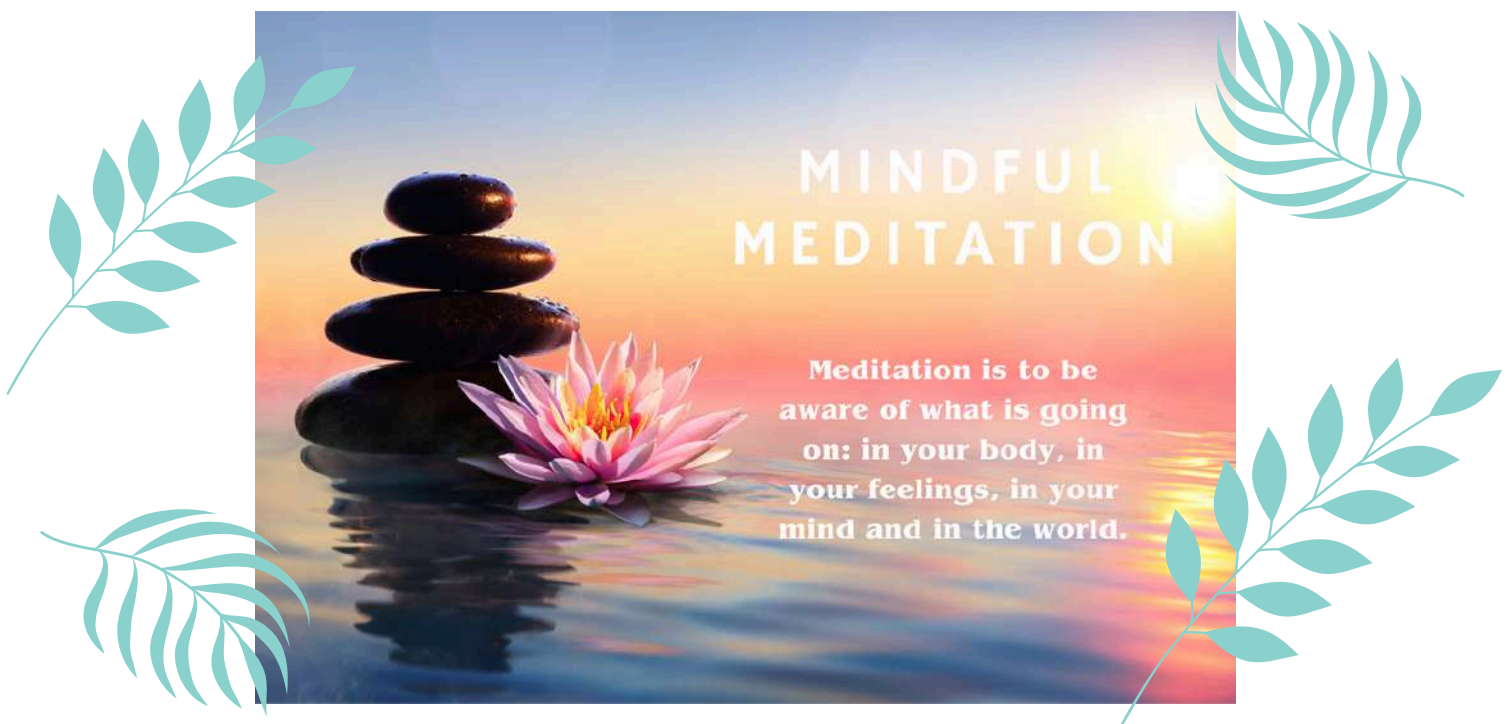
EHPS HOUSE POINTS TOTALISER

	Whittlewood	Harlestone	Everdon	Salcey
This week	148	169	126	122
Grand total	830	868	759	642

WE ARE A SCHOOL



*This includes chocolate spreads
which contain nuts and sushi
which has sesame seeds*



Walk in Wednesday dates

15.10.25	Walk in Wednesday - 1 Reading	08:30-9:00	Classroom
17.12.25	Walk in Wednesday 2 - Christmas	08:30-9:00	Classroom
21.01.26	Walk in Wednesday 3 - Reading	08:30-9:00	Classroom
11.03.26	Walk in Wednesday 4 - Easter Crafts	08:30-9:00	Classroom
29.04.26	Walk in Wednesday 5 - Reading	08:30-9:00	Classroom
24.06.26	Walk in Wednesday 6 - Science	08:30-9:00	Classroom

HELPFUL POLICIES

Please refer to these policies which are all on our website (with others you might find useful):



- [Behaviour](#)
- [Parent Code of Conduct](#)
- [Anti Bullying](#)
- [Homework](#)
- [Uniform](#)
- [Mobile Phone](#)
- [Drop off/collection, walking home](#)

Who's been brilliant this week?

You Are Brilliant!

WB 06/10/25

Year 1.
Super reading.

Ms Green
Ms Rossiter
for all your
kindness!!!
Seb (NEST)
for being
helpful!

Well done to
all the Year 3s for
beautiful singing
at the Harvest
Festival!

David (NEST)
for lovely
writing

Elyssia
for supporting
children in
class.

Red Class for being
amazing Scientists
yesterday!



Thankyou Kim for
all your support in
year 5! Mrs York

Alex.L.
in Blue for
eating school
hot lunches
Yum

Emma in Blue
Class for helping
us and offering
support :)

Yellow class
team!♥

Reception
musical stars:-
Myles, Samuel S,
Samuel PS & Erika

Emma, Ewa + Helen
in Blue Class for
ALWAYS working so hard
and being kind!

Mrs York for all your
support and hard work

Year 2
Maths work
great job
-10

☆ What a star
you are Alex!
You are working so
hard. Mrs
Wardell
↓ Every one! ↓



Yr 2 musical ☆'s:-
Fabio, Anelisse, Matei
& Isabelle

Yr 1 musical ☆'s:-
Micah & Azalea

Becky for covering me
in the office ☺

Be Kind. Work Hard. Believe.



Mufti Days

10.10.25	Hello Yellow - Wear Yellow for Young Minds	No charge
24.10.25	RED October - dress as a book character/book cover	£2 for our library and reading curriculum
28.11.25	Donations for Christmas Hampers	
18.12.25	Christmas Jumpers/Party Day	No charge
13.03.26	Donations for Chocolate Hampers	
20.03.26	Wear odd socks for World Down Syndrome Day	No charge
27.03.26	Autism Awareness Day - Wear Bright Colours	No charge
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	No charge
16.07.26	Mufti for winning House (winning House announced on 13 th July)	No charge



E-Safety & Wellbeing



What Parents & Educators Need to Know about EA SPORTS FC 26 AGE RESTRICTION PEGI 3

Our guide looks at the risks surrounding EA Sports FC 26 and our top tips to minimise them. This marks the third year since EA left the FIFA licence, and the game is mostly unchanged from last year. While Kick-Off mode is great for playing with friends and Career Mode allows players to fulfil long-term ambitions as a manager or player, Ultimate Team remains the main draw for many players – and it can get out of hand in terms of how much money players can invest.

WHAT ARE THE RISKS?

- AN ANNUAL RELEASE SCHEDULE**
As was the case with the last two EA Sports FC games and the FIFA series before it, the franchise puts out once a year with updated squads and new features. This can make it expensive to keep up with, particularly when so many dedicated players are keen to get their hands on the latest edition.
- VOICE CHAT**
Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children will not think twice to speak to their friends while they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviour.
- IN-GAME PURCHASES THROUGH ULTIMATE TEAM**
Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the week's best players. They're not always easy to obtain, and new, improved versions will be regularly added as limited-time offerings. Young people should be prevented from spending money and experience fear of missing out.
- SCAMMERS IN ULTIMATE TEAM**
Ultimate Team is managed by EA itself, but that hasn't stopped scammers from luring to duped players out of money and in-game items. Some scammers sell their accounts, which is a violation of EA's terms of service, while others sell 'real coins' – something the developer is still working to crack down on. Some try to get requests for account information, and others bring them access to payment information.
- POTENTIAL FOR ADDICTION**
While EA Sports FC is potentially addictive, thanks to its free-to-play gameplay and marketing of the new-world kits and gameplay of football, Ultimate Team's focus on limited-time rewards and the history of winning packs can make it feel closer to gambling than gaming, which may lead to addiction and impulsive spending of money.

Advice for Parents & Educators

- PREPARE FOR ANOTHER GAME IN A YEAR**
The annual-release calendar aligns with the return of the school year, and can be a great way to be a positive role model of the start of term. If children are enjoying themselves and preparing for a new year of school, or even particularly well behaved in the summer, EA Sports FC 26 could make a great reward.
- MONITOR VOICE CHAT**
As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 for your 8 years. It's better to start with their friends while they play, consider setting up a safe space for them to talk to come back to play without fear of outsiders.
- LIMIT SPENDING**
If you're worried about children potentially spending real money in Ultimate Team, whether in-game or on the EA Sports FC companion app, don't be a parent card to their account. Reasonable limits can be a safeguard to crime, and the dopamine hit of opening flashy packs with slick animations makes one purchase can lead to another very quickly. It's also worth setting a parental control if you prefer them to make their own choices with their budget.
- BE VIGILANT**
As with last year, there are ways to keep scammers at bay. Ensure gamecards are turned down, and consider using a parental manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspected scam. EA will contact players by email if needed, but they will never ask for usernames or passwords. Parents should also avoid buying in-game currency from unofficial websites – rising in risk level to accounts being banned and credit card payment money in the process.

what are the risks?

- 1 Voice Chat
- 2 Potential for Addiction
- 3 Scammers in ultimate team
- 4 Annual release

[Click here for more information](#)

Advice for parents

- 1 Understand how they're feeling
- 2 Maintain connection
- 3 Seek professional support
- 4 Use age appropriate language

[Click here for more information](#)

10 Top Tips for Parents and Educators

DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

- 1. A PREDICTABLE ENVIRONMENT**
Children who have experienced trauma often feel unsafe at school. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.
- 2. USE LANGUAGE THAT MATCHES THEIR AGE**
Speak clearly and succinctly, choosing words that are appropriate for the child's age. Avoid complex phrases or jargon. Reassure and support them with simple, direct language. Encourage them to express their feelings and ask for help when needed.
- 3. TRAUMA AND THE BODY**
Maintain regular health checks to ensure any physical signs, such as changes in sleep, appetite, concentration, or physical symptoms, are noticed early. Consider this before talking to children about their feelings. Some children may become withdrawn, while others may be more outwardly challenging. Recognise that there's no one way to respond.
- 4. AVOID RETELLING OR RELIVING TRAUMA**
Children sometimes get asked to explain or repeat their experience multiple times, which can be a reminder of when they were in danger. Avoid asking them to retell their story. Instead, encourage them to express their feelings in a safe way. Acknowledge their feelings and provide support when needed.
- 5. AVOID DISMISSING OR MINIMISING FEELINGS**
Sincerely say 'I understand how you feel' and 'It's okay to feel this way'. Avoid saying 'It's not a big deal' or 'You're overreacting'. Encourage children to express their feelings and ask for help when needed. Acknowledge their feelings and provide support when needed.
- 6. UNDERSTAND HOW THEY'RE FEELING**
Many children don't have the words to express their feelings, especially during difficult times. Supporting them to come out of their feelings is key. Use simple words to describe their feelings. Encourage them to express their feelings in a safe way. Acknowledge their feelings and provide support when needed.
- 7. BE AWARE OF YOUR OWN RESPONSES**
Children pick up on adult emotions and reactions, often mirroring them. Staying calm and composed can help children feel safe. Acknowledge your own feelings and seek support when needed. Encourage children to express their feelings in a safe way. Acknowledge their feelings and provide support when needed.
- 8. SEEK PROFESSIONAL SUPPORT**
While many children benefit from everyday support, some may need more professional help. If you're worried about a child's mental health, seek professional support. Encourage children to express their feelings in a safe way. Acknowledge their feelings and provide support when needed.
- 9. MAINTAIN CONNECTION**
Maintain or restore the link of support. Encourage involvement in group activities, sports, and other activities. Encourage children to express their feelings in a safe way. Acknowledge their feelings and provide support when needed.
- 10. BE PATIENT – HEALING TAKES TIME**
There's no quick fix for emotional trauma. It takes time to feel safe, and progress may be slow. Encourage children to express their feelings in a safe way. Acknowledge their feelings and provide support when needed.

VISIT OUR WEBSITE FOR MORE ONLINE SAFETY INFORMATION

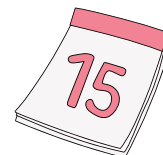
BE KIND

WORK HARD

BELIEVE

#weareEastHunsburyPrimarySchool #wearebrilliant

ANNUAL DATES



Below you will find all of the dates we know so far for the whole of the academic year. We hope that these will support you in your family forward planning. As we are releasing these dates so far in advance, they may change but if they do we will colour any additions or amendments in red so that you can see them and communicate changes in advance. We do hope that you find this useful.

Date	Activity	Time
OCTOBER		
15.10.25	Walk In Wednesday Reading	8.30 - 9.00am
15.10.25	KS1 Reading Information Meeting	9.15 - 10.15am
18.10.25	Spooktacular	12.30pm - 3.00pm
18.10.25	Diwali Parade Northampton Town Centre	5.15 - 7.30pm
21.10.25	Individual and Sibling Photographs	All day
24.10.25	Mufti Day for RED October - dress as a book character/cover £2 for our library and reading curriculum	All day
27 - 31.10.25	HALF TERM HOLIDAY	
NOVEMBER		
03.11.25	TRAINING DAY	All Day
06.11.25	Remembrance Event	10.45 - 11.15
07.11.25	Yr 4 Rainforest Explorer Day	All day
w/c 10.11.25	Antibullying week	
11.11.25	Reception Phonics Information Meeting	9.00am - 11.00am
12.11.25	Positive Noticing Day	All day

12 & 13.11.25	Parents' Evening (Mainstream including Nest)	3.50pm - 6.30pm
12.11.25	The Hive Parents' Evening	3.50pm - 7.00pm
12.11 - 19.11.25	Bookfair	After school
27.11.25	Yr 4 Ukuele Performance	2.45pm - 3.30pm
28.11.25	Mufti - Christmas Hamper Donations	All day
29.11.25	Choir Singing at Hunsbury Festive Fair at Hunsbury Library	2.00pm - 3.00pm
DECEMBER		
02.12.25	Reception & Blue Trip	All day
05.12.25	Yr 2 & Green Class trip	12.30 - 2.00pm
06.12.25	Christmas Fete	11.00am - 1.00pm
08.12.25	Year 2 & Green Class Assembly	2.30pm - 3.30pm
09.12.25	Reception Nativity	10.00am - 11.00am
09.12.25	Year 5, Red & Yellow Class Trip	All day
10.12.25	Reception Nativity	2.00pm - 3.00pm
11.12.25	iRock Concert	2.45 - 3.15pm
16.12.25	Year 1 Carols by Twinklelight	5.15pm - 6.15pm
17.12.25	Walk In Wednesday Christmas	8.30am - 9.00am
17.12.25	Year 6 & Yellow Christmas Carols & Crafts	2.00 - 3.15pm
17.12.25	End of term reports to families	
18.12.25	Christmas Party Day (Christmas Jumpers and Lunch)	All Day
19.12.25	END OF TERM	

22.12.25 - 2.01.26	CHRISTMAS HOLIDAY	
JANUARY		
05.01.26	TRAINING DAY	
15.01.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
15.01.26	Yr 6 SATs Information meeting	4.30pm - 5.30pm
20.01.26	Yr 4 Multiplication Check information meeting	3.40pm - 4.40pm
21.01.26	Walk In Wednesday Maths	8.30am - 9.00am
27.01.26	Choir to Young Voices	
30.01.26	Kindness Workshop - 52 Lives	Morning
FEBRUARY		
09.02.26	Year 3 & Purple Class Assembly	2.30 - 3.30pm
09.02 - 15.02.26	Childrens' Mental Health Week	
10 & 12.02.26	Year 6 Parents' Evening	3.50pm - 6.30pm
10.02.26	Year 1 Phonics Test Information Meeting	3.30 - 4.30pm
16.02 - 20.02.26	HALF TERM	
MARCH		
4 & 5.03.26	Mainstream Parents' Evening (not Yr 6)	3.50pm - 6.30pm
04.03.26	The Hive & Nest Parents' Evening	3.50pm - 6.50pm
04.03 - 11.03.26	Bookfair	After school
11.03.26	Walk In Wednesday Easter Crafts	8.30am - 9.00am

13.03.26	Mufti Day in exchange for Chocolate	
16.03 - 22.03.26	Neurodiversity Week	
19.03.26	iRock Concert	2.45 - 3.15pm
20.03.26	Odd Socks Day for World Downs Syndrome Day	
21.03.26	Easter Cafe	11.00 - 1.00pm
23.03.26	Year 1 Class Assembly	2.30 - 3.20pm
23 or 24.03.26	Yr 5 Shakespeare Production	
24.03.26	Yr 6 & Yellow Faith Tour	All day
25.03.26	Reports go out to families	
26.03.26	The Hive Show	9.30 - 10.30am
27.03.26	Autism Awareness Day - Wear Bright Colours (No Charge)	All Day
30.03 - 10.04.26	EASTER HOLIDAY	
APRIL		
22.04.26	Earth Day	All Day
29.04.26	Walk in Wednesday Reading	8.30 - 9.00am

MAY

11 - 14.05.26	Yr 6 SATS	Mornings
18.05.26	Year 5 and Yellow Class Assembly	2.30pm - 3.30pm
21.05.26	Census Day All Reception, Yr 1 & Yr 2 Book school lunch via School Grid	
21.05.26	UN Cultural Diversity for Dialogue and Development – wear something/colours which reflects your culture	
25 - 29.05.26	HALF TERM	

JUNE

01 - 12.06.26	Yr 4 Multiplication Check	
04.06.26	Reception Sports Day	9.30 - 11.00am
08 - 12.06.26	Yr 1 Phonics Check	
10.06.26	SU Sports Morning	9.30 - 11.30am
13.06.26	Northampton Carnival	
16 or 17.06.26	Yr 5 NMPAT Festival	
18.06.26	Year 6 Sports Day	1.30pm - 3.00pm
19.06.26	Class Photos	All Day

22.06.26	Reception & Yr 6 Height & Weight checks	Morning
22.06.26	Sports Day Year 1	9.30 - 11am
22.06.26	Sports Day Year 2	1.30 - 3pm
24.06.26	Walk In Wednesday Science	8.30am - 9.00am
25.06.26	Sports Day Year 3	9.30 - 11.00am
25.06.26	Sports Day Year 4	1.30 - 3.00pm
26.06.26	Careers Fair	TBC
27.06.26	Whole School Summer Fayre (Country dancing & Maypole by Years 2, 5, Purple & Yellow)	11.00 - 1.30pm
29.06 - 02.07.26	Yr 5 Bikeability	
JULY		
29.06 - 02.07.26	Yr 3 Residential Trip	(2 nights per class)
02.07.26	Yr 4 & Orange Class Assembly	2.30 - 3.30pm
03.07.26	Music Gala	5.30pm - 7.30pm
06.07.26	Reception & Blue Class Assembly	2.30 - 3.30pm
09.07.26	Yr 5 Sports Day	1.30 - 3.00pm

09.07.26	iRock Concert	2.45 - 3.15pm
14.07.26	Yr 6 Leavers' Performance	6.00pm - 7.30pm
15.07.26	The Hive Yr 6 Leavers' Assembly	9.30am-10.30am
15.07.26	Yr 6 Leavers' Performance for toddlers to attend	5.00pm - 6.30pm
15.07.26	End of year reports go to families	
16.07.26	Mufti for winning House	
16.07.26	Year 6 Leavers' Party	7.00pm - 9.00pm
17.07.26	Mainstream Yr 6 Leavers' Assembly	10.00 - 11.00am
17.07.26	END OF TERM	

Optimistic October 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



6 Remind yourself that things can change for the better

7 Look for the good in people around you today

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face



27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

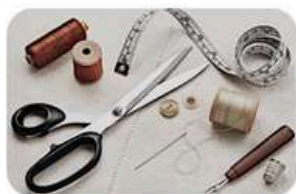
31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

Craft
Fair



Sat
Oct 11th

11:00am
4:00pm



Refreshments: Tea, Coffee & Bacon or Sausage Rolls

St Benedict's Church West Hunsbury NN49UG

[St Benedict's Facebook](#) admin@stbens.uk

Join us for **Breakfast Club** this Half Term



**Monday to Thursday
9am-10am**

**Parish Council Activity Room
Hunsbury Library**

27th - 30th October

FREE breakfast for everyone
(children to be accompanied)



Join us for a selection of breakfast items,
including cereal, pastries, and fruit

Don't miss out! Start your autumn mornings right
at the Family Breakfast Club. See you there!



East Hunsbury
Parish Council

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East Hunsbury Parish Council
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Tesco Mereway

TESCO

YOUR YOUTH CLUB IS CHANGING!

ART & CRAFTS • SPORTS • FREE TIME

Danes Camp
Leisure Centre

FREE YOUTH CLUB*

Every Tuesday

7-13 years, 5.30pm-7pm
Flexible drop-in session -
drop in at any time
and stay for as long
as you like!

**TRILOGY
ACTIVE**

Funded by:



East Hunsbury
Parish Council

**SANTS
MASTERCLASS**



GIRLS ONLY OCTOBER HALF TERM CAMPS

1-Day Camp (U7-U16) @ cinch Stadium at
Franklin's Gardens
Monday 27th October

1-Day Camp (U7-U16) @ Amptill RFC
Tuesday 28th October

1-Day Camp (U9-U16) @ Northampton Casuals
RFC
Wednesday 29th October

CONTACT COMMUNITY@NORTHAMPTONSAINTS.CO.UK OR VISIT
WWW.NORTHAMPTONSAINTS.CO.UK/COMMUNITY/CAMP-BOOKING

Danes Camp Leisure Centre, Clannell Road, NN4 0RX



WWW.TRILOGYACTIVE.CO.UK
OR CALL US ON: 03330 439 900

*Please note these sessions
are only available for
children and young people
residing within the East
Hunsbury Parish. You will be
asked to supply an eligible
postcode to attend.